



## Principal Report

The school commemorated ANZAC day on Tuesday the 24<sup>th</sup> of April with the senior leaders and 9H leading the ceremony. "ANZAC" was the name given to a combined force of First Australian Imperial Force and New Zealand Army troops who landed on Turkey's Gallipoli Peninsula at around dawn on Sunday, the 25th day of April, 1915, barely nine months after the outbreak of World War I. Galvanised by the example of courage and sacrifice demonstrated on that bloody battlefield, on the 10th day of January 1916 a public meeting of Brisbane citizens voted unanimously to establish the ANZAC Day Commemoration Committee to lay the groundwork for a nationwide, solemn day of public remembrance on the first anniversary of the landings. On every 25th day of April for the past 100 years, "ANZAC Day" has been observed in Australia and New Zealand, becoming an honoured and sacred institution along the way. I thank the entire school for their participation on this day and for honouring those that sacrificed so much for our way of life.



I warmly invite all parents to a parent feedback session at the College as part of the schools review process in 2018. Every 4 years the school completes a comprehensive review process to consider areas that offer challenge and opportunities for improvement, as well as to reflect upon our successes. As part of this process parents are able to provide direct feedback to help guide the schools plan over the next 4 years. To facilitate this process there will be a parent feedback session held on Monday the 14<sup>th</sup> of May at 6pm. To assist with the planning of this evening I ask that parents please RSVP by Monday the 7<sup>th</sup> of May by returning the tear off slip attached to that letter to the general office. The location of this session will be determined by the response rate of parents and communicated via Compass prior to the event. If you have any questions related to this process please contact me at your earliest convenience via the following methods – email – [jewell.corey.a@edumail.vic.gov.au](mailto:jewell.corey.a@edumail.vic.gov.au) or phone –9463 7300. I look forward to seeing those parents who can attend on the evening.

In 2018 the Victorian Government has mandated that all schools with students in Year 7 and above will now have two students elected to school council by all students within the school. Lalor Secondary College has had two students on school council for many years with our two school captains elected as community representatives. The process for electing the two students to school council will commence on Monday the 7<sup>th</sup> of May and will follow the same process used for electing parents and DET representatives. I ask all parents to discuss this with any student who is considering running for school council, as it is a two year commitment with meetings held once a month on a Thursday evening from 7pm. Students considering running for school council should speak to their relevant Assistant Principal or myself if they have any questions.

Thank you to all the parents who attended the Parent teacher conferences on Wednesday the 28th of March. It is during these conferences that the Term 1 progress reports are discussed with parents and allow all families to gauge how their son/daughter is progressing. If you have not viewed your child's report please log into Compass as these reports remain available for review while your child is enrolled in the college. Student managers are currently going through the data from those reports and will be contacting parents via letter for those students who are not meeting the academic requirements of Lalor Secondary College. Students who have performed at the highest level will be recognised at upcoming year level assemblies and are to be congratulated on an excellent start to the year.

Lalor Secondary College prides itself on being well organised and transparent in its processes. The policies of the school are clearly communicated and accessible via the school's website - <http://www.lalorsc.vic.edu.au>. School council works hard on ensuring that the policies in place reflect best practice and the practical processes followed throughout the school community. In March the following policies were reviewed and are now on the school website for use by all members of our community.

Once again I thank the Lalor Secondary College school

Anaphylaxis Policy	Raising Concerns and Complaints	Medication Policy
Asthma Policy	Yard Duty Supervision Policy	Personal Digital Device Policy
FirstAid policy	Mandatory Reporting	

community for your support in relation to the above issues and look forward to continuing the success of first term.

Best regards,  
Corey Jewell  
College Principal

### Year 11 and 12

We've hit the ground running in Term 2! A reminder to parents and students that all students must be in full winter uniform by Week 3, Monday the 30<sup>th</sup> April.

Year 12 students should have all activated their Edrolo accounts so that they are able to take advantage of the free resources offered by the school to support their study and learning in VCE as preparation for their assessments and the VCAA exams.

The SRC is once again busy with an upcoming leadership day and we are currently running student forums at every year level to seek student feedback about their experience at the college as we work to give students a greater voice across all areas of the school.

Some good news for the year 12s as the School Captains have made a submission to get a fridge installed in the Senior Study Centre! This submission was approved and now students have the facility to bring in some very delicious lunches which will help fuel their study!

We have an upcoming careers expo for all Year 12 students and they should take this opportunity to ask as many questions as they can to best plan their pathways for 2019 and beyond.

Julie Ryan  
Assistant Principal

### Year 9 & 10

Anzac day this year will hold special meaning for several of our students here at Lalor Secondary College, due to their involvement in the annual Premier's Spirit of Anzac Prize. This is a prestigious award where our students have once again been awarded prizes. This prize provides 22 students with the opportunity to participate in an overseas study tour to sites where Australians have served in times of war and peacekeeping. In addition, 20 further finalists will visit Canberra and be invited to attend the Premier's ANZAC day luncheon. Three of our students will be travelling to Canberra and one student will be travelling overseas to visit other significant historical sites. This is a fantastic achievement, as each year thousands of entries from across Australia are received.

The actual task students were required to complete had them creating a piece of art, poem, short story or essay explaining the idea of the "Spirit of Anzac" means in modern day, multicultural Australia. They worked incredibly hard on this task and we are all very proud of what they achieved.

**Charity Nguyen:** Recipient of Overseas study tour (Ten day study tour in 2018 exploring Second World War sites in Darwin and Singapore),

**Caitlin Dorrian:** Recipient of Canberra study tour (Three day study tour in 2018 of significant sites in Canberra, including the Australian War Memorial),

**Kimberly Nguyen:** Recipient of Canberra study tour (Three day study tour in 2018 of significant sites in Canberra, including the Australian War Memorial),

**Ana Krsteska:** Recipient of Canberra study tour (Three day study tour in 2018 of significant sites in Canberra, including the Australian War Memorial).

Well done Charity, Ana, Kimberley and Caitlin! An amazing opportunity!

Thank you to Ms. Delaney and the team of teachers who supported the students' entries.



## NAPLAN

The 2018 National Assessment Program- Literacy and Numeracy (NAPLAN) for all students in years 7, and 9 will be held on Tuesday 15<sup>th</sup> May, Wednesday 16<sup>th</sup> May and Thursday 17<sup>th</sup> May.

NAPLAN tests assess student knowledge and skills in Writing, Reading Language Conventions (spelling, grammar and punctuation) and Numeracy. The results of the tests provide information for students, parents, teachers and principals, which will be used to improve student achievement.

All students are expected to participate in NAPLAN test. During the test week, catch up tests will be available for individual students who are absent on test days.

Parents of students in years 7 and 9 will shortly receive a letter outlining further information.

Later on in the year, you as parents will receive your child's personal NAPLAN report. The report will also show how your child performed in relation to national minimum standards. These describe the minimum acceptable standards for students across Australia. Should you have any questions please contact me at the college.

Laura Forster

Assistant Principal

## Year 7 & 8

I am very pleased to again support our year 7 and 8 team as Acting Assistant Principal for the first half of term two while Peter James is on leave. It is also my great pleasure to welcome Mr Josh Simpson as Acting Leader of our Sub School while Mr Adam Cairns moves to Senior School. Ms Adriana Trajkovic has been appointed to the Year 8 Coordinator role. Congratulations to both staff members on these appointments.

Once again, our Junior school has commenced the term in a calm, happy, and organised manner. Students have much in store in the classroom and beyond during the term as they undertake their Humanities fieldwork projects to learn about what makes for a healthy, happy community, have the opportunity to become involved in our musical 'Grease', participate in student forums where they can provide feedback about their school experience, undertake Social Me: Social Media Literacy Program. Some students will become involved in the Koorie Youth program, while many students continue to participate in the burgeoning number of exciting lunchtime clubs and activities, not to forget homework club. New and wonderful works of art continue to sprout all over the College, much of which is connected with our young people and beautiful to see. If all of this sounds busy, you are correct and it makes for a vibrant and pleasurable environment for our young students.

As the weeks become colder, please ensure students are organised with their winter uniform and have correct shoes, jumpers and spray-jackets at the ready. The period of grace for uniform has concluded, and all students should now be in their correct winter uniform at all times. Please communicate with Sub-school where variation is necessary. Many students find it comfortable during cold weather to wear a thermal top beneath the uniform, providing added warmth while not being seen.

As mentioned above, students in Years 7 and 8 this term will participate in the Social Me: Social Media Literacy Program. This vitally important program addresses increasing concern from schools and families about the potential impacts of negative use of social media (in all its forms) by students. The program has come about through a partnership with the School of Psychology and Public Health at La Trobe University, and we are one of very few schools in the State to offer the program. Highly educational, the program will teach students about positive use of social media, and how to be safe at all times. It will also monitor changes in students use of social media following the program, and changes in attitudes. Consent forms for the program went home at the start of term, and these should be returned to the General Office as soon as possible. The program is run entirely at school.

Our Year 11 Peer Leaders have been conducting school tours for prospective Year 7 families on a rotational basis. These students have been doing an exceptional job of sharing their knowledge of the school, as well as their pride and confidence as members of the LSC community. It is a great pleasure to observe these student leaders in action. Should families know of primary students seeking to find out about all our College has to offer, encourage them to contact us to arrange a tour.

I want to finish on a word of caution. College staff and Council attendants have observed students being dropped at the school, alighting from the car and failing to use proper staffed crossings. Sometimes students exit the vehicle on the road side, which is even more dangerous. These crossings exist to maximise student safety and must always be used. I cannot over-emphasise the dangers of not properly using the highly visible, patrolled crossings. Also, if travelling to the College by car, please be mindful of not parking over any driveways. This occasional practice causes further difficulty with movement at these busy times.

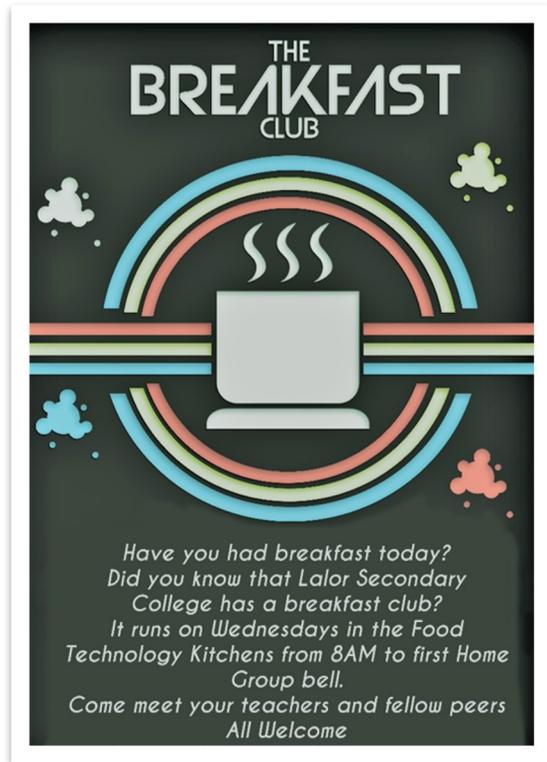
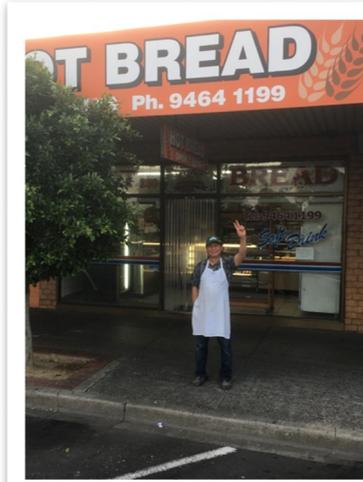
Thank you, and please our Year 7/8 team, or myself, at the College if we can be of assistance with any matter.

Tim Cottrell

Acting Assistant Principal

### Breakfast club at Lalor

Breakfast club at Lalor Secondary College runs every Wednesday from 8 am until the first home group bell. It has been very successful with many students attending from all year levels regularly. The students are getting to meet new friends and teachers but most of all, have a great breakfast with a range of food on offer to really start the day on a good note. We would also like to take the opportunity to thank Lee at the C and T Hot Bread Shop in May Road, Lalor for providing a vast range of food every week for our school's Breakfast Club. Next time you are around that area, be sure to pop in and say hello to Lee.



### Walking Club Poem

#### with no one to collect the pieces

Helen bows her ivory head as she writes her letters.  
Letters that are meant for no one.  
Letters that cry out silently with her heartbreak.  
Letters that are never meant to be sent.  
She writes them with her own blood mixed with tears,  
both her own and the soldiers who died for her.  
In the depths of her thoughts she wonders  
'Is this what beauty is? Is tragedy and loss and war all it is?'

Clytemnestra has cut her hair to mourn her daughter.  
She runs her fingers through it,  
it runs down jagged at the nape of her neck and  
She smiles a savage smile filled with murderous delight.  
Her husband had carved out her heart and burned it,  
giving her the ashes, she lets the wind blow them away.  
She doesn't want them anymore,  
she doesn't want her heart to heal, she only wants to destroy.

Cassandra clutches at her dress as she runs through Troy.  
She wails and shouts but no one hears her, no one wants to.  
She is damned, she still has her voice but a god has silenced it.  
Only she can listen and sometimes she wishes she can't.

Brises weeps. Weeps for Patroclus, weeps for Achilles  
Whose soul is more shattered than hers now that half of it is gone.  
She has no one left now. No one but herself.  
During the nights she is afraid, afraid that someone will take her away  
And she will be gone. Forever.

All of them are broken in one way or another  
-with no one to collect the pieces, Victoria Elizabeth



## Senior Volleyball

On Thursday 19<sup>th</sup> April our Senior Boys and Girls travelled to Darebin Community Centre to compete in the Northern Metropolitan region competition for Volleyball. The girls started off with a must win game to ensure their spot in the finals. It was a highly competitive match against Roxburgh Park which they won in 2 sets. They followed this with an easy win against Charles La Trobe to make it into the finals. The boys competed with great intensity throughout the day, also versing Roxburgh park in a must win game. It was extremely close with the boys winning 18-16 in the third set. For the finals, both boys and girls came up against Eltham High School. Although they were extremely competitive in match play, both teams unfortunately could not come home with the win. Special thanks to our sports captain Kolose Tanimu who has coached the boy's team since last term. Kolose led by example, executing excellent spikes and ball placement throughout the day as well as being a great sport throughout all matches. Thank you to Steve Krstevski who accompanied the boys on the day, as well as the seniors for making both of the competition days an extremely enjoyable experience



**THANK YOU** to all LSC students, parents & staff for collecting these vouchers for the school. The vouchers will help both the HPE and Sport faculty in ordering sporting gear that we may not otherwise have access to or to top up current equipment. The **final date** to bring these into the school is **Friday 11<sup>th</sup> May**. If you still have any, please place them in the collection boxes within the school-in the office area or gym foyer. Once again-a big thankyou to all those that have collected vouchers for the school!



## Sports news

Last week, our school was represented in the Northern Metropolitan Region Championships at senior level in softball, boys tennis, girls volleyball and boys volleyball. Our students played well and with pride as they displayed great skill and sportsmanship. Both volleyball teams made the finals and fought hard in a close competition against Eltham.

Results – Girls Volleyball NMR runners up  
Boys Volleyball NMR runners up  
Softball 3<sup>rd</sup> overall  
Tennis 2<sup>nd</sup> in their pool

## Swimming

At the end of term 1, Clare Freeman, Jemma Guglielmi and Hanz Galaraga (pictured with his bronze medal) competed in the Northern Metropolitan Region Swimming Championships.

Results:

Hanz – Men 12-13 50 LC Meter Butterfly 5<sup>th</sup>

Men 12-13 50 LC Meter Freestyle 6<sup>th</sup>

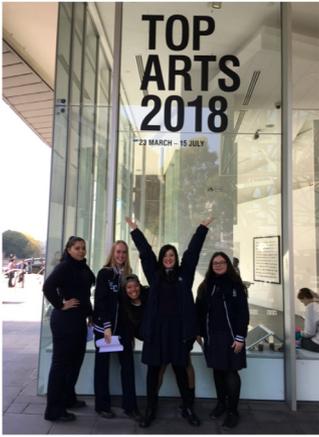
Men 12-13 50 LC Meter Backstroke 3<sup>rd</sup>

Clare – Women 18-20 50 LC Meter Butterfly 6<sup>th</sup>

Women 16-20 100 LC Meter Freestyle 4<sup>th</sup>

Jemma – Women 17 Year Olds 50 LC Meter Freestyle





### Studio Arts

Last Friday, the year 12 Studio Art class visited the Top Arts exhibition at the NGV, which showcases the top artworks created by the previous year's art students across Victoria. We were fortunate to view their folios, in which we gathered inspiration how to

continue our exploration for our own folios, and a lecture which gave us an insight about the process to apply for Top Arts, and motivating us to keep striving for our best.

We also walked down Hosier Lane and viewed old and emerging street art. Many of us were inspired by both atmospheres of art in Hosier Lane and Top Arts, and are sure to implement any inspiration within our own art pieces

I'd like to wish the Studio Art class good luck as the completion of our folios draws nigh.



# “Wheel Talk”



School Captains: Sasho Lumakovski & Elly-May Dreier Vice Captain: Michael Perris & Mateenah Munkayilar  
Sports Captains: Kolose Tanimo & Clare Freeman



THE YOUTH MENTORING FOUNDATION  
an in-school mentoring opportunity



## Raise Foundations 'In School Mentoring Opportunity' will be delivered at LSC in 2018

The Wellbeing Team at Lalor Secondary College is excited to announce that we'll be collaborating with the Raise Foundation once again to deliver the 'In School Mentoring Opportunity' (Ismo) Program in 2018.

Raise Foundation is a registered Australian charity which improves the lives of young people in our community by providing school and community based mentoring programs and personal development workshops. Raise put into practice the idea that it takes a village to raise a child.

The Ismo focus' on helping young people make informed choices, improve their relationships, advance their wellbeing and coping strategies, increase their self-confidence, identify and achieve their goals, and engage in further education and employment. Raise provide programs to over 70 other schools across Melbourne, Sydney, rural NSW and Brisbane.

Each program is coordinated by a qualified Program Counselor who will bring a group of mentors into the school for an hour each week at a consistent time. The Program Counselor facilitates one-on-one mentoring, followed by group supervision for mentors. All mentors have successfully completed accredited training in Mentoring in the Community through TAFE NSI, and they undergo the compulsory Working with Children and Police Checks, as well as providing personal and employment references.

Students are invited to attend the Ismo program by staff who feel the student might benefit from having a neutral positive role model in their lives and the students choose whether they would like to be involved. The following students have been selected to participate in the Ismo program in 2018: YEAR 8: Jazy BULLOCK; Monique JANKULOVSKI; Kim TRAN. YEAR 9: Kyle FORD-JONES; Araz SIDIQ; Hayat MOURAD; Emily GASBARRO; Adrianna SANSONETTI; Tom ABBOTT. YEAR 10: Rea MASIOTI; Suja SATHIYANANTHAN.



## 2018 CSEF APPLICATION NEWS

- **CSEF Applications for 2018 will close on Monday 25<sup>th</sup> June 2018.**  
**No late applications or special considerations will be accepted after this date.**
- If you are currently not sure about your application status please contact the General Office for confirmation on 9463 7300.

2018 CSEF Applications Forms are currently available from the General Office.

The annual CSEF amount per student is \$225 for secondary school students.

# *Arties Group*

**ESTABLISHED 2017**

LEAVE YOUR  
MARK WITHIN THE  
SCHOOL, COME  
JOIN THE ARTIES  
AS WE CREATE  
ART ON THE  
SCHOOL WALLS!



All year levels welcome

**TUESDAYS  
LUNCH TIME  
ROOM 405**



Whittlesea  
**Community  
Connections**  
Making a positive difference everyday

# Youth Advisory Group

Join a fun and informal group of young people to have your say on creating volunteer opportunities, and new employment pathways for youth. Learn new skills and meet new people. No previous experience necessary.



## FOR MORE INFO

Contact: Dean Marando

Email: [dmarando@whittleseacc.org.au](mailto:dmarando@whittleseacc.org.au)

Phone: 0473 019 827 or 9401 6640

[whittleseacc.org.au](http://whittleseacc.org.au)



# INFORMATION SESSION

## VICTORIAN PUBLIC EDUCATION SYSTEM

- When:** Wednesday 9 May  
6.00 pm - 7.30 pm (light refreshments provided)
- Where:** Plenty Ranges Arts and Convention Centre  
35 Ferres Boulevard, South Morang

A great education is very important. It will help your child do well in the future. Education helps a child speak up, make decisions, and live a happy and healthy life.

Victoria is the place for education. We want to help every child be their best and have the same chances of success.

The Department of Education and Training is holding an information session for interested parents about the Victorian public education system.

Speakers will include representatives from the Department of Education and Training as well as local government schools. You will have the opportunity to ask any questions you may have about the Victorian public education system.

### Other information

- Childcare available for children 0 to 6 years old
- Interpreters available if required
- An information session for young people aged 10 to 17 years will be held in the same venue at the same time.

**RSVP** by Monday 7 May, 2018.

Call 03 9340 3764 or text 0403 869 232.

Please include:

- The number of people attending
- If you need childcare
- If you need an interpreter
- If you have a child 10 to 17 years who would like to attend the information session for young people.

### Arabic

تعد دائرة التعليم والتدريب جلسة معلوماتية للوالدين المهتمين حيث ستتاح لكم الفرصة لمعرفة المزيد حول نظام التعليم العام في فيكتوريا وطرح الأسئلة التاريخ: الأربعاء 9 أيار/مايو 2018  
الوقت: من 6:00 مساءً إلى 7:30 مساءً المكان: Plenty Ranges Arts and Convention Centre, 35 Ferres Boulevard, South Morang  
الرجاء تأكيد حضوركم: 3764 9340 أو إرسال رسالة نصية على الرقم 232 869 0403 ستوفر رعاية الأطفال والمترجمين في هذا الحدث عند الطلب عندما تقومون بالحجز. ستعقد جلسة معلوماتية للشباب من سن 10 إلى 17 سنة في نفس الوقت.

### Hindi

शिक्षा एवं प्रशिक्षण विभाग (Department of Education and Training) रुचि रखने वाले अभिभावकों के लिए एक सूचना सत्र का आयोजन कर रहा है जहाँ उनके पास विक्टोरियाई सरकारी शिक्षा प्रणाली के बारे में और अधिक जानने तथा सवाल पूछने का अवसर होगा।  
दिनांक: बुधवार 9 मई 2018 समय: शाम 6.00 बजे से लेकर शाम 7.30 बजे तक स्थान: Plenty Ranges Arts and Convention Centre, 35 Ferres Boulevard, South Morang RSVP: 9340 3764 पर फोन करें या 0403 869 232 पर टैक्सट करे आपके RSVP करते समय निवेदन किए जाने पर इस समारोह में चाइल्डकेयर और दुआभिया सेवा उपलब्ध कराई जाएगी। इसी समय 10 से 17 साल की आयु वाले युवा लोगों के लिए भी एक सूचना सत्र का आयोजन किया जाएगा।

### Punjabi

ਸਿੱਖਿਆ ਅਤੇ ਸਿਖਲਾਈ ਵਿਭਾਗ (Department of Education and Training) ਦਿਲਚਸਪੀ ਰੱਖਣ ਵਾਲੇ ਮਾਪਿਆਂ ਲਈ ਇੱਕ ਸੂਚਨਾ ਸੈਸ਼ਨ ਦਾ ਆਯੋਜਨ ਕਰ ਰਿਹਾ ਹੈ ਜਿੱਥੇ ਉਨ੍ਹਾਂ ਕੋਲ ਵਿਕਟੋਰੀਆ ਦੀ ਸਰਕਾਰੀ ਸਿੱਖਿਆ ਪ੍ਰਣਾਲੀ ਬਾਰੇ ਵੱਧ ਜਾਣਕਾਰੀ ਪ੍ਰਾਪਤ ਕਰਨ ਅਤੇ ਸਵਾਲ ਪੁੱਛਣ ਦਾ ਮੌਕਾ ਹੋਵੇਗਾ।  
ਤਾਰੀਖ: ਬੁੱਧਵਾਰ 9 ਮਈ 2018 ਸਮਾਂ: ਸ਼ਾਮੀ 6.00 ਵਜੇ ਤੋਂ ਲੈ ਕੇ ਸ਼ਾਮੀ 7.30 ਵਜੇ ਤਕ ਥਾਂ: Plenty Ranges Arts and Convention Centre, 35 Ferres Boulevard, South Morang RSVP: 9340 3764 ਤੇ ਫੋਨ ਕਰੋ ਜਾਂ 0403 869 232 ਤੇ ਟੈਕਸਟ ਕਰੋ ਤੁਹਾਡੇ ਦੁਆਰਾ RSVP ਕਰਦੇ ਸਮੇਂ ਬਿਨਤੀ ਕੀਤੇ ਜਾਣ ਤੇ ਇਸ ਸਮਾਗਮ ਵਿੱਚ ਚਾਇਲਡਕੇਅਰ ਅਤੇ ਦੋਭਾਸ਼ੀਆ ਸੇਵਾ ਉਪਲਬਧ ਕਰਾਈ ਜਾਵੇਗੀ। ਇਸੇ ਵੇਲੇ 10 ਤੋਂ 17 ਸਾਲ ਦੀ ਉਮਰ ਵਾਲੇ ਨੌਜਵਾਨਾਂ ਲਈ ਵੀ ਇੱਕ ਸੂਚਨਾ ਸੈਸ਼ਨ ਦਾ ਆਯੋਜਨ ਕੀਤਾ ਜਾਵੇਗਾ।

### Chinese Mandarin

教育及培训部为感兴趣的家长举办一次信息讲座。让您有机会深入了解维州公共教育体制并询问与公共教育相关的问题。  
日期: 2018年5月9日星期三 时间: 晚上 6.00 - 7.30 地点: Plenty Ranges艺术和会议中心, 地址: 35 Ferres Boulevard, South Morang 敬请回复: 9340 3764 或发短信到 0403 869 232 您回复时可要求安排现场托儿服务和翻译服务。  
为10到17岁的年轻人安排的信息讲座也会同时进行。

### Tamil

கல்வி மற்றும் பயிற்சித் துறையானது, அயர்வுமுள்ள பெற்றோர்களுக்குக்காக ஒரு தகவலளிப்பு அடிப்படை நடத்தவிருக்கிறது. இதில் விக்டோரியாவின் பொதுக் கல்வி அமைப்பைப் பற்றி கூடுதல் தகவல்களைத் தெரிந்துகொள்ளலாம், அத்துடன் அதைப் பற்றிய சந்தேகங்களையும் கேட்டுத் தெரிந்துகொள்ளலாம். தேதி: புதன்கிழமை, 9 மே, 2018. நேரம்: 6.00pm முதல் 7.30pm வரை இடம்: பிளாண்ட் ரேஞ்சஸ் அயர்வ்ஸ் அண்டு கன்வென்ஷன் சென்டர், 35 ஃபெர்ஸ் பவோல்ட் நியூசாலை, சவுத் மொரான்ட் பதில் தெரிவிக்கும் முறை: 9340 3764 என்ற எண்ணில் அழைத்து அல்லது 0403 869 232 என்ற எண்ணிற்கு அரைச் செய்தி அனுப்பி, பதிவைத் தெரிவிக்கவும் அங்கள் பதிலின் அடிப்படையில், அடிப்படைப் போது குழந்தைக்கான பராமரிப்பு மற்றும் மொழிபெயர்ப்பாளர்கள் சேவை வழங்கப்படும். அதே நேரத்தில், 10 முதல் 17 வயதுக்குட்பட்டவர்களுக்கான தகவலளிப்பு அடிப்படை நடவடிக்கை.

### Vietnamese

Bộ Giáo dục và Đào tạo sẽ tổ chức buổi phổ biến thông tin dành cho các cha mẹ quan tâm, tại đây quý vị sẽ có cơ hội tìm hiểu thêm và đặt câu hỏi về hệ thống giáo dục công lập tại Victoria. Ngày: Thứ Tư 9 tháng 5 năm 2018 Giờ: 6 giờ tối đến 7 giờ 30 tối Địa điểm: Plenty Ranges Arts and Convention Centre, 35 Ferres Boulevard, South Morang Hỏi đáp: 9340 3764 hoặc gửi tin nhắn đến số 0403 869 232 Có dịch vụ giữ trẻ và thông dịch viên tại sự kiện này khi quý vị yêu cầu vào lúc hỏi đáp. Một buổi phổ biến thông tin dành cho thanh thiếu niên từ 10 đến 17 tuổi cũng sẽ được tổ chức cùng lúc.

### Greek

Το Υπουργείο Παιδείας και Εκπαίδευσης διοργανώνει μια ενημερωτική ημερίδα για ενδίαφερόμενους γονείς όπου θα έχετε την ευκαιρία να μάθετε περισσότερα και να υποβάλλετε ερωτήσεις σχετικά με το δημόσιο εκπαιδευτικό σύστημα της Βικτωρίας.  
Ημερομηνία: Τετάρτη 9 Μαΐου 2018 Ώρα: 6.00 μ.μ. έως 7.30 μ.μ. Τοποθεσία: Plenty Ranges Arts and Convention Centre, 35 Ferres Boulevard, South Morang Ενημερώστε για συμμετοχή στο: 9340 3764 ή με γραπτό μήνυμα 0403 869 232 Θα είναι διαθέσιμα παιδική φροντίδα και διερμηνεία μετά από αίτημα όταν ενημερωσείτε για τη συμμετοχή σας. Θα διεξαχθεί ταυτόχρονα ενημερωτική ημερίδα για νεαρά άτομα ηλικίας 10 έως 17 ετών.



## Tuning in to Teens

### A FREE 6 week Parent programme for parents and carers of young people aged 10 - 18 years

**Would you like to learn how to:**

- Be better at talking with your teen?
- be better at understanding your teen?
- Help your teen learn to manage their emotions?
- Help prevent behavioral problems in your teen?
- Teach your teen to deal with conflict?

**DATES:** Thursday evenings  
17th May to 21st June  
(6 weeks)

**TIME:** 6.30pm to 8.30pm  
(refreshments provided)

**WHERE:** Parentzone,  
10 Hurtle St, Lalor

This programme is run in partnership with  
Drummond Street Services



For bookings & enquiries contact:  
Parentzone on 03 9465 0322 or 0458 550 071  
parentzone.preston@anglicarevic.org.au



[anglicarevic.org.au](http://anglicarevic.org.au)

**BETTER  
TOMORROWS**



headspace

Greensborough

Street Level 1, 78 Main Street,  
Greensborough VIC 3088  
Mail Suite 5, Level 1, 78 Main Street,  
Greensborough VIC 3088  
Tel 03 9433 7200 Fax 03 9433 8621  
headspace.org.au

# Tuning in to Teens

## Emotionally Intelligent Parenting

A six-session parenting program  
for parents of adolescents aged 12 - 17 years

Would you like to learn how to:

- Be better at talking with your teen?
- Be better at understanding your teen?
- Help your teen learn to manage their emotions?
- Help to prevent behaviour problems in your teen?
- Teach your teen to deal with conflict?

*Tuning in to Teens* shows you how to help your teen develop *emotional intelligence*. Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success –
- Emotional intelligence may be a better predictor of academic and career success than IQ!

**Headspace Greensborough are currently running a TINT program near you. To register your interest in attending a Tuning in to Teens course, contact headspace Greensborough on: 9433 7200**



## Northern Region

*A workshop for parents of adolescents who are behaving with aggression and violence*



Please join us to discuss the impact of challenging behaviours and violence on families and relationships and to consider the role adolescent development, styles of communication and patterns of relating have in family relationships.

Our intention is that parents feel less alone, better equipped, more hopeful and confident in their ability to respond to challenging behaviours in a way that promotes safety, trust and connection for all family members.

**Course runs over two mornings (attendance required for both sessions)**

**Tuesday 8<sup>th</sup> and 15<sup>th</sup> May 9.30am -12.30pm**

**Please call intake to secure a place on the number below.**

**For more information or enquiries please contact:**

T.A.R.A Program on **(03) 9450 4700**

Berry Street, 677 The Boulevard, Eaglemont VIC 308



# Tuning in to Kids

## Emotionally Intelligent Parenting: Learn how to better understand and connect with your child.

*Backed by evidence-based research, this program focuses on developing key skills to recognise and respond to your child's emotions and behaviour, manage conflict and connect with your child.*

Tuning in to Kids is a six-session program that develops emotional intelligence.

Children with higher emotional intelligence:

- Enjoy greater success in making and keeping friends
- Have better engagement in and concentration at school
- Are able to manage big emotions like anger, sadness and worry
- Develop their problem solving and conflict resolution skills.

### Parent participant feedback

*"I have learnt more about feelings and I am more confident with my child."*

*"(My children) know I am here to listen and comfort them. They are more confident to face difficulties and come up with ideas to solve situation themselves."*

*Babies and children cannot be accommodated in groups.*

### Ideal for

Parents who live, work or study in the City of Yarra, with children aged 6 to 10 years.

### When

Six sessions held on Thursday mornings from 9:30 - 11:30am.  
- May 10, 17, 24, 31; June 14, 21  
(note no session June 7) 2018.

### Where

Finbar Neighbourhood House  
143 Kent Street, Richmond

### Cost

\$150 per couple.  
\$100 per individual.

### Bookings and more information

Bookings are limited (only 12 places available). To book, visit [www.tint-finbar.eventbrite.com.au](http://www.tint-finbar.eventbrite.com.au) and enter the password 'finbar'.

For more information, call Naomi Gilbert, Community Liaison Officer at Relationships Australia Victoria on 0488 688 908 or email [ngilbert@rav.org.au](mailto:ngilbert@rav.org.au)



This program is provided by Relationships Australia and being offered as part of the Yarra Communities that Care initiative.





## ARE YOU EXPECTING A BABY?

Are you adjusting to life with a new baby at home?

Would you like some ideas on working together better as parents?

**You are invited to book in to Family Foundations –  
a 10 session program.**

**Family Foundations** helps parents strengthen their relationship as a parenting team, providing the strong base needed for raising children in a happy home. Research has clearly shown that when parents co-operate and learn to manage their stress – there are better outcomes for babies.

The program helps couples (or those parenting with someone else like an ex-partner, a

Grandparent or friend) to work together and develop coping skills to manage the ups and downs of raising children.

You don't have to leave your home to attend the program – we come to you!

**Family Foundations** is currently being delivered in Wyndham, Brimbank, Moreland and Hume and is funded by the Victorian State Government.

FOR MORE INFORMATION, OR TO BOOK IN, CALL KATE GALEA  
AT DRUMMOND STREET SERVICES ON 9663 6733

# FAMILY FOUNDATIONS



**“We so looked forward to the Family Foundations sessions – the parent coaches were funny and helpful and we learnt how to manage our baby rather than argue or give in to exhaustion! We still use the strategies they showed us 2 years later.”**

This program has been shown to make a significant difference to the health and wellbeing outcomes for babies.

Family Foundations has been developed by Pennsylvania State University and has been customised for Australian families by the Murdoch Children’s Research Institute in Melbourne. The Parent coaches are from drummond street services and Merri Health so it is run by experienced people.

Family Foundations will help you work on:

- » Building a strong parenting team
- » Developing skills to manage challenges and conflict in family relationships
- » Strengthening communication and support
- » Managing stress and practical ways to cope

We recommend doing 5 sessions before baby arrives and 5 after baby comes home. But if you already have baby at home – you can still jump on board!

We are flexible about our visiting times and will negotiate to fit in with your family circumstances.



**BOOK EARLY** – this is a great opportunity to take part in an interactive and creative program that has been proven to help people parent as a team and avoid future problems in families.